



King's Ridge Christian School Equestrian Program www.kingsridgecs.org

KRCS, in conjunction with Rosewood Farm, offers a co-ed equestrian program for lower, middle, and upper school students. At every level, riders have a variety of opportunities, with an emphasis in three major areas: hunter/jumper, western or dressage. Whether you're a recreational rider or a polished competitor, the KRCS equestrian team's vigorous instructional program meets your riding goals. Our coaches and instructors are dedicated to providing a rewarding experience for every student.

Who is eligible?

Any KRCS student from the 1st grade through the 12th grade.

Location of Training Facility:

The KRCS training program will be conducted on site at:

Rosewood Farm
363 Collett Drive
Canton, Georgia 30115
(15 minutes from KRCS)

The phone number of Rosewood Farm
770-597-1935

The owner of and trainer at Rosewood Farm is
Tricia Waclena.





Objectives of the KRCS Riding Program:

We strive to provide an educational, fun, safe environment to improve your riding skills and your horse's performance.

We will help you meet your equestrian goals, whether they are Showing, Pony club, Middle/ High School Equestrian Team or simply wanting to improve your equestrian skills.

Our goal is to prepare you for the basics and provide expert guidance as you take your first lesson or you and your horse move up through the ranks of the "A rated" show circuit.

The focus of the KRCS equestrian program is always **Positive training for horse & rider**

We teach lessons for all ages and skill levels. No matter what your goals are, showing or pleasure, we can accommodate you. We start everyone off with an evaluation lesson. In this lesson we cover in detail, safety for both you and the horse. We will do a brief lesson to help determine your skill level. Then we will talk about your goals.

From there we schedule additional lessons. You should plan on this lesson taking about 2 hours, this includes tacking up, cooling out your horse and putting away all tack.

Our group lessons are 3 –5 students. Group lessons are 1 hour long and you should plan on at least 2 hours at the barn for grooming and tack care.



Before the program begins each rider will need to be assessed and placed in the appropriate skill level class for lessons and training

Beginning level

- 1- Grooming the horse
- 2- Tacking up and untacking
- 3- Returning all equipment to its proper place after each lesson.
- 4- Leading the horse/pony safely to and from the ring
- 5- Learning to balance with and match the rhythm of the horse, along with learning the correct riding positions at a walk and a trot.
- 6- Learning Two-Point Position in a walk and a trot.
- 7- Learning to balance in rhythm with and attain the correct riding position for a canter.
- 8- Learning the walk, trot, and canter patterns in a straight line.
- 9- Learning the walk, trot, and canter patterns in a circle.

*** To complete the Beginner Division of our instruction you will be tested over the above skills and present a written report. (Topic be assigned)**

Lead your horse in from the pasture.

Put your horse on the cross-ties correctly.

Groom the horse.

Tacking up and untack your horse.

Mount and dismount the horse.

Cooling off your horse after a lesson.

While in the saddle you must be able to walk, trot, and canter.

Safely steer the mount while in traffic with other horses at a walk, a trot, and a post on the correct diagonal.

Perform a two point exercise at the walk and trot.



Intermediate level:

Complete all beginning level requirements successfully.

Understand canter leads.

Steer in traffic at a canter.

If jumping is your preferred discipline, then you must be able to jump a course of cross-rail fences safely and with correct form.

Perform the two-point position at a walk, a trot, and a canter, both with and with out stirrups.

Post without stirrups.

Be able to guide the horse through simple patterns at a walk, trot, and canter.

Ride a horse in a collected frame

*** To complete Intermediate level, you will be tested over the above skills and present a written report. (Topic to be assigned)**

Advanced level:

Learn to counter canter.

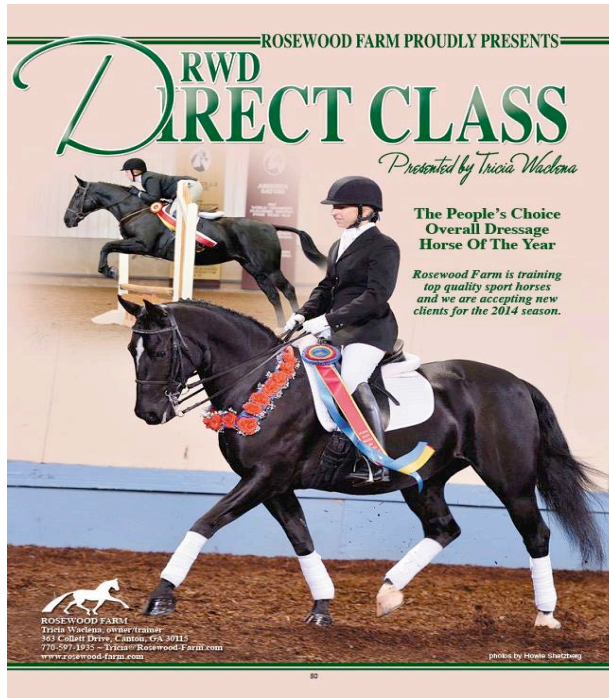
If jumping is your preferred discipline, then you must be able to jump a course of fences with stirrups and without.

Successfully execute flying lead changes.

Successfully execute detailed patterns at a walk, a trot and a canter.

Continue to learn how to ride a horse in a collected frame while working on lengthening and extending the gaits.

*** To complete the Advance Level, you will be tested over the above skills and present a written report. (Topic to be assign)**



Trainer Information

Tricia grew up in Syracuse, New York and began riding at 4 years of age. Tricia trained under Cindy Stanton and at Tanglewood Farm. Tricia has a wide variety of experiences and equestrian knowledge. Tricia came by her knowledge while working at a large horse farm, with many breeds of horses, and being exposed to and training in various equestrian disciplines.

Tricia moved to Georgia in 1997. Tricia has many students who have been with her since she moved to Georgia. Her students strive to develop a life long relationship with Tricia and the sport of Horsemanship. Tricia trains not only students who focus on competition, she also trains students who do not care to compete, but train to ride for pleasure. Tricia and Rosewood Farm offer a friendly and safe environment with quality horses and education.

Tricia won her first World Title in 2009 and has won six more since. Tricia has trained numerous horses and students who have won World Titles and have placed in the World Championships. Tricia has also had both horses and students who have won National, Regional, State, and Local Competitions.

Tricia believes in continuing education for herself and her students. Tricia and her students travel to and host clinics with Tom Poulin and Cindy Stanton. On occasion, other well known and talented instructors work with her students.

Equipment and uniforms:

You can ride your own horse but it is not required to own a horse
You will need the following equipment for lessons:

- ASTM certified equestrian helmet
- Riding britches or jeans
- Paddock boots, half chaps or tall boots.

- Training / lessons Fees**
- \$40.00/ lesson
 - 3 lessons a week - \$100
 - Or \$400. a month

***These fees will be paid directly to Rosewood Farms.**

Minimum training / lesson will be once a week. Plan on 1 ½ - 2 hrs. Riders need time to prepare for lesson and after the lesson cooling out the horse and take care of all equipment. Attention to detail and proper instruction is required! A maximum of 3-5 riders per lesson period. Additional lessons can be requested and set up individually and there is a price discount for extra lessons each week.

2-3 lessons a week are encouraged to facilitate improvement and show success.

Each student is required to take 1 private lesson per month. (\$60.00 for ½ hour).

This is strongly encouraged that each student takes more than one.

Private lessons must be scheduled directly with the trainer.

Show / Competition Fees:

Class Entry fees differ on a per event basis. * See trainer for class fees.

Transportation fees for the horse will depend on the distance and fuel prices.

Trainer's fee for the show is \$ 60.00 a day, starting on the day the horses arrive at the competition.

Contact Information:

KRCS Coach: Lynn Bridges – lbridges@kingsridgecs.org

Rosewood Farm Trainer: Tricia Waclena – cell phone [770-597-1935](tel:770-597-1935)

Team Mom: Michelle Payne – 404-718-0833 | michellepaynephotography@gmail.com

Team Dad: Brian James – 678-822-1810 | jamis101@bellsouth.net